



Buckshorn plantain

Plantago coronopus

Succulent, crunchy pleasant tasting perennial plantain.

PLANT TYPE Herb

PLANT HABIT Deciduous perennial

USES Culinary

DESCRIPTION

Succulent, crunchy nutty tasting edible perennial plantain used as salad leaf. Commonly found on coastal sites so will tolerate salty soil. Will grow anywhere with sunny sandy/gravelly free draining soil. Evergreen in warmer winters. The flowers are edible and come May-July, leaves are best before then.

Has a taproot. Also known as Minutina, Erba Stella and Starweed.

RECOMMENDED LOCATION Kitchen garden

ASPECT Full sun

HEIGHT 20cm

SPREAD ~40cm

HARDINESS Hardy